

WHEN THERE ARE NO WORDS: EMDR FOR VERY EARLY TRAUMA AND NEGLECT WITH **DR. SANDRA PAULSEN**

PRESENTED BY RIPPLE AFFECT



DR. SANDRA PAULSEN

ABOUT THE PRESENTER

Dr. Sandra Paulsen is a world renowned speaker, writer and consultant on EMDR and preparation procedures since 1992. She is a co-author of *The Embodied Self: The Neurobiology and Treatment of Trauma and Dissociation*, by Lanius, Paulsen and Corrigan. She is author and illustrator of *Looking Through the eyes of Trauma and Dissociation: An Illustrated Guide for EMDR Therapists and Clients*. Dr. Paulsen is a fellow of the ISST&D, and was invited presenter at the 2010 Japan EMDR Association annual conference in Kobe, Japan and Master Series lecturer for the 2004 EMDRIA conference in Montreal. As a EMDRIA Certified Consultant she contributed to the 2010 Revision for the ISST&D Treatment Guidelines and the EMDR Task Force on Dissociation basic EMDR text. Dr. Paulsen teaches workshops worldwide : *Looking Through the Eyes* (on ego state therapy and EMDR), the *Embodied Self* (EMDR and somatic therapy) and *When There are No Words* (EMDR for early trauma and neglect). She is a resident of Bainbridge Island in Washington.

Nov 4, 5 2017

**Victoria, British Columbia,
Canada**

Time: 9:00am-5:30pm

**Where: University of Victoria
Cadboro Commons Building
Arbutus/Queenswood Room
3800 Finnerty Road
Victoria BC**



www.tourismvictoria.com/
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QUESTIONS:

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For more information about Dr. Sandra Paulsen you can visit her website

WWW.BAINBRIDGEPSYCHOLOGY.COM

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Abstract

The challenges of using EMDR therapy for early trauma and neglect are that a) EMDR readily targets explicit memories, but early trauma is held in implicit memory in the right hemisphere (Siegel, Schore) and is not typically subject to direct recall, and b) Accessing the felt sense of early experience can be overwhelming if it includes the paucity of internal resources of a neglected baby.

This workshop addresses both problems by careful preparation and systematic trauma reprocessing. The preparation includes 1) containment, 2) safe state, and 3) resetting innate emotional resources, which appears to directly act upon primary process affective circuits (Panksepp, 2009) to down-regulate the experience of emotional intensity. After the three preparation steps, the method systematically reprocesses early trauma, in the absence of explicit memory. The method targets consecutive time periods beginning before birth, and installs positive experience imaginally. As a result, the client builds a foundation of a felt sense of attachment and belonging, with emergent positive cognitions, enabling the client to meet the next developmental milestone in sequence.

This process meets the requirements laid out for a therapeutic reparation of early trauma by Fosha. The procedures were developed initially by Katie O'Shea, and subsequently by the two in collaboration.

Objectives

- Identify challenges to applying EMDR to early developmental trauma
- Prepare the client for early trauma processing with client-friendly education
- Efficiently re-install innate resources without accessing disturbing material
- Systematically target early disturbance held in implicit memory
- Use imaginal interweaves to stimulate blocked processing and ensure reprocessing is complete

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Registration Form

REGISTRANT

Full Name: _____

University: _____

Registering

Body: _____

Basic EMDR Training: Year completed _____ Instructor _____

Preferred Mailing Address:

City: _____ State/Province: _____

Zip/Postal Code: _____

Country: _____ Telephone: (_____) _____

Fax: (_____) _____

WORKSHOP FEES

Registration Fees (All fees listed in Canadian Funds)

*****Full fees are due and payable by Oct 15, 2017 Payable in Canadian funds*****

Please select appropriate method of payment

PAYPAL CHEQUE BANK DRAFT MONEY ORDER E-TRANSFER

*** PayPal administration fees may apply and are the responsibility of the registrant**

Contact sponsor before submitting payment

	ON OR BEFORE Sep 1, 2017	AFTER Sep 1, 2017
EMDR PRACTITONERS	\$350 <input type="checkbox"/>	\$400 <input type="checkbox"/>
NOT FOR PROFIT EMDR PRACTITIONERS	\$300 <input type="checkbox"/>	\$350 <input type="checkbox"/>
TOTAL ENCLOSED: \$ _____		

Cancellations/Changes and Refunds: Fees for missed meals, late arrivals, and early departures will not be refunded. Fees will be refunded, less a \$20.00 processing fee, if cancellation or change resulting in a refund is received in writing no later than Oct 15, 2017. After that date, fees are non-refundable. All refunds will be processed after the workshop.

PLEASE NOTE: Sponsor may cancel or postpone the workshop due to under-enrollment, presenter illness or inclement weather.

*****Please make Cheque/Bank Draft/Money Order payable to Michelle Gay*****

Send payment and registration form to:

Michelle Gay

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